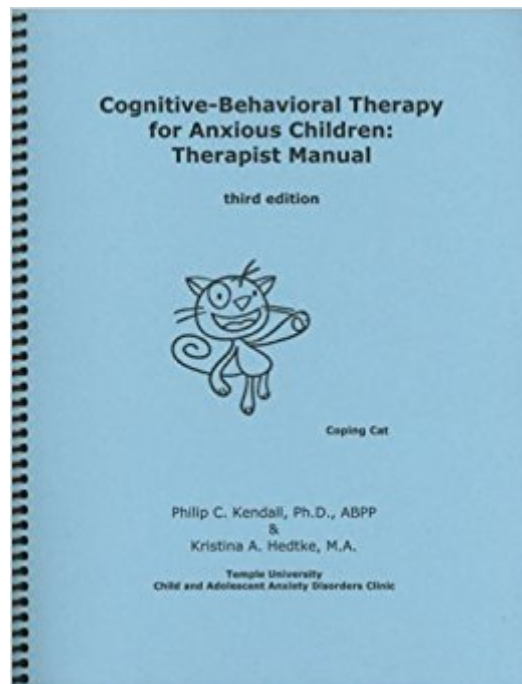


The book was found

Cognitive-Behavioral Therapy For Anxious Children: Therapist Manual, Third Edition



Synopsis

This therapist manual provides an overview of the general strategies used in the treatment of anxiety in children. The treatment manual is coordinated with the revised Coping Cat Workbook by the same authors; There is a chapter devoted to each of the sixteen therapy sessions that appear in the Coping Cat Workbook; with explanations of and a rationale for the activities. Of applied interest, practicing therapists have provided tips for the newer therapist working with the anxious youth. Also provided is a description of strategies for dealing with potential difficulties (e.g., noncompliance).

Book Information

Spiral-bound: 104 pages

Publisher: Workbook Publishing; 3rd edition (2006)

Language: English

ISBN-10: 1888805226

ISBN-13: 978-1888805222

Product Dimensions: 0.5 x 8.8 x 11 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (12 customer reviews)

Best Sellers Rank: #9,985 in Books (See Top 100 in Books) #1 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry > Child](#) #19 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Education & Training](#) #27 in [Books > Medical Books > Medicine > Reference > Education & Training](#)

Customer Reviews

This book is excellent for therapists that practice cognitive behavioral techniques. It is easy to follow and has clear suggestions that are easily incorporated into practice.

Cognitive behavioral therapy (CBT) has excellent data for efficacy in pediatric anxiety disorders. The Coping Cat method developed by Dr. Kendall is the one used in the majority of studies. This is the Coping Cat manual, very quick to read and well structured.

Great manual for new practitioners. I would say that it is best for middle childhood. Like the flexibility the manual offers.

It's a tried and true approach to structured cbt sessions with kids and it still holds up, as long as you

are able to modify the techniques appropriately for the number of sessions you have with a given pt (16 is not always feasible).

This is the therapist's manual to the Coping Cat manual. It is broken down by session number and helps you prepare for the next session. It includes tips from other clinicians. It suggests activities, but does not closely follow the activities in the actual Coping Cat manual. As an intern using a manualized treatment for the first time, I appreciate the easy and quick read and it helps me feel that I have a good working plan for my patient.

Excellent content when in use with client workbook. Material has been beneficial for every child I have used it with. Would have given five stars but the physical quality of the books is lacking. A welcome addition to my working library.

[Download to continue reading...](#)

Cognitive-Behavioral Therapy for Anxious Children: Therapist Manual, Third Edition
OCD in Children and Adolescents: A Cognitive-Behavioral Treatment Manual
Buddhist Psychology and Cognitive-Behavioral Therapy: A Clinician's Guide
The Cognitive Behavioral Workbook for Menopause: A Step-by-Step Program for Overcoming Hot Flashes, Mood Swings, Insomnia, Anxiety, Depression, and Other Symptoms (New Harbinger Self-Help Workbook)
Mastering Your Adult ADHD: A Cognitive-Behavioral Treatment Program
Client Workbook (Treatments That Work)
A Massage Therapist's Guide to Pathology (LWW Massage Therapy and Bodywork Educational Series)
Radiation Therapy Study Guide: A Radiation Therapist's Review
"Do Not Worry, Do Not Be Anxious, Do Not Be Afraid": A Self-Help Manual for People Who Worry a Lot and Suffer Anxiety and Fear
Learning Cognitive-Behavior Therapy: An Illustrated Guide
The Case Formulation Approach to Cognitive-Behavior Therapy (Guides to Individualized Evidence-Based Treatment)
Cognitive Therapy Techniques: A Practitioner's Guide
Cognitive Neuroscience: The Biology of the Mind (Third Edition)
Behavioral Medicine: A Guide for Clinical Practice, Third Edition
Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series)
The Practice of Cognitive-Behavioural Hypnotherapy: A Manual for Evidence-Based Clinical Hypnosis
Manual of Microsurgery on the Laboratory Rat. Part 1: General Information and Experimental Techniques (Techniques in the Behavioral and Neural Science, 4) (Pt.1)
Characteristics of Emotional and Behavioral Disorders of Children and Youth (10th Edition)
Manual of Ocular Diagnosis and Therapy (Lippincott Manual Series)
Manual of Gastroenterology: Diagnosis and Therapy (Lippincott Manual Series)
Children's German book: Where are the Easter Eggs. Wo sind

die Ostereier: (Bilingual Edition) English German Picture book for children. Children's book ... books for children: 10) (German Edition)

[Dmca](#)